

PROMISED LAND TRAIL MIX ☆

It is important to follow the leader's instructions, especially if the instructions come from God.

TOPICS:

Following God, Guidance, Listening, Provision

MATERIALS:

Cereal, raisins, chocolate chips, pretzels and dried fruit
Five bowls
Five Plastic Spoons
Small Paper Bags
Ribbon, colored pencils

DURATION:

Approximately 15 minutes



[Click here for example of finished craft](#)

PREPARATION:

Before class, use bubble letters to write "Promised Land Trail Mix" on each small paper bag. Cut six inch strips of ribbon for each child. Make sure that there are enough bags and other supplies available so that each child in class (including visitors) will be able to complete the craft. Obtain all of the ingredients needed to complete the craft. Place each ingredient into a separate bowl. Place a spoon in each bowl.

WHAT YOU WILL DO:

Give each child in class a small paper bag and instruct the students to color in the bubble letters that read "Promise Land Trail Mix."

Once all of the children have completed coloring in the letters instruct them to form a single file line and prepare to fill their bags with goodies. Tell the children to follow your instructions carefully. Using the spoons provided, each child will place the following amount of ingredients* into his or her bag:

Five spoonfuls of cereal
One spoonful of raisins
One spoonful of chocolate chips
One spoonful of pretzels
One spoonful of dried fruit

**If a child doesn't like a particular item they can leave it out of their bag.*

Use the ribbon to tie the bag shut and ask the child to be seated. Instruct each child to wait to eat the snack until you say it is okay to open the bag.

Discussion Questions:

1. Why was it important to follow my instructions on which ingredients to put into your bag? *(If the instructions were not followed, you may have filled your bag with only one ingredient.)*
2. Why was it important to follow my instructions to tie the bag closed? *(If the bag wasn't tied, you may have spilled the ingredients and would not*

have a treat to eat during snack time.)

3. Why do you think it is important to follow God's instructions? *(Allow for discussion.)*

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